

Blacklow Brow menu

Monday

Chicken or Quom in Tomato Sauce with Penne Pasta & Garlic Bread Jacket potato with cheese, beans, Tuna, cheese, ham or egg filled roll with salad o tuna or coleslaw filling Fruit or yoghurt

Week one

luesday

Chicken Tikka Masala with Rice with Naan 9

Jacket potato with cheese, beans Tomato Pasta & Garlic Bread 0 Tuna, cheese, ham or egg filled roll with salad o tuna or coleslaw filling o Fruit or yoghurt

Wednesday

Thursday

Homemade Cheese & Tomato Pizza with Crispy Cubed Potatoes and Coleslaw Jacket potato with cheese, beans, egg filled roll with salad o Tuna, cheese, ham or tuna or coleslaw filling

Fruit or yoghurt

Friday

Scouse with Crusty Bread & Red Cabbage ** Tomato Pasta & Garlic Bread

Jacket potato with cheese, beans Tuna, cheese, ham or egg filled roll with salad tuna or colesiaw filling o Fruit or yognuri

Jacket potato with cheese, beans Fish Fingers with Chips & Peas Tuna, cheese, ham or egg filled roll with salad or tuna or coleslaw filling (musny or garden)

Monday

Jacket potato with cheese, beans, Fish Fingers with Sweet Potato Tomato Pasta & Garlic Bread 👨 egg filled roll with salad Tuna, cheese, ham or tuna or coleslaw filling of Fries and Beans Fruit or yoghurt

Week two

Tuesday

Mac N Chese with Garloi Breads Meatball Sub with Salad & Coleslaw

Jacket potato with cheese, beans egg filled roll with salad luna, cheese, ham or tuna or coleslaw filling Fruit or yoghurt

Wednesday

Chicken Burger with Wedges & Sweetcorn

Jacket potato with cheese, beans, Tuna, cheese, ham or egg filled roll with salad tuna or coleslaw filling Fruit or yoghurt

Thursday

Sausage with Crispy Potatoes, Carrots, Cauliflower & Cheese Pasta with Garlic Bread ** Yorkshire Pudding and Gravy 📀

Jacket potato with cheese, beans egg filled roll with salad Tuna, cheese, ham or tuna or coleslaw filling Fruit or yoghurt

Friday

Harry Ramsden's Fish Fillet with Chips & Peas (mushy or garden) acket potato with cheese, beans Tuna, cheese, ham or tuna or coleslaw filling

Chocolate Mousse with Madarin Segments or Cookie

egg filled roll with salad

Wednesday

Chicken Korma with Rice & Naan Bread ©

Mac N Cheese with Garlic Breads Jacket potato with cheese, beans Tuna, cheese, ham or egg filled roll with salad o tuna or coleslaw filling Fruit or yoghurt

Week three

egg filled roll with salad

Fruit or yoghurt

luna, cheese, harn or

egg filled roll with salad o

Fruit or yoghurt

Jacket potato with cheese, beans,

una or coleslaw filling o

Tomato Pasta & Garlic Bread 0

Jacket potato with cheese, beans,

tuna or coleslaw filling o luna, cheese, ham or

Lasagne with Garlic Bread

luesday

Chicken Chow Mein with Stir Fried

Monday

Vegtables & Noodles 👨

Thursday

Chicken Fajitas with Mexica Rice

Jacket potato with cheese, beans, egg filled roll with salad o Tuna, cheese, ham or tuna or coleslaw filling o

Fruit or yoghurt

Friday

Jacket potato with cheese, beans Chips & Peas (mushy or garden) Harry Ramsden's Fish Fillet with tuna or coleslaw filling

School Sponge Cake

26 27

28 29

Tuna, cheese, ham or egg filled roll with salad

Many of the options available can be adapted to suit various diets, should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. 🕅 denotes vegetarian option or vegetarian version available.



Enowsley Council

Available daily: Fresh fruit, yoghurt, water, milk and fruit juice.

ParentPay



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December 2023

Brownie or Jelly & Fruit

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Week One Week Wo Week Three

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